



香港城市大學
City University
of Hong Kong



Department of
Applied Social Studies



Name:

SID:

STUDENT ADVISING PORTFOLIO
2011-2012
BY PROJECT X TEAM

Dear freshman,

Welcome to our SS family! Wish you have a fruitful learning journey in the department as well as CityU. In your first year study, there are lots of ideas on what you want to achieve, for example, joining an exchange study, applying resident hall. Before any action was taken, we first need a plan. Throughout the stage of planning, we have to search information, also sometimes would seek our peers' or tutors' advices.

So, here we go! The purpose of launching a newly program, "**STUDENT ADVISING**" for all SS year 1 student aims to provide an individual or small group consultation to make better decision making, to start early preparation, and importantly finding a **SUCCESS WAY** to make things happen.

There are three specific objectives of this activity:

1. To equip students for fulfilling their graduation requirement.
2. To encourage students planning ahead for their three years of university education.
3. To facilitate students to be proactive in seeking support and advice from department staff.

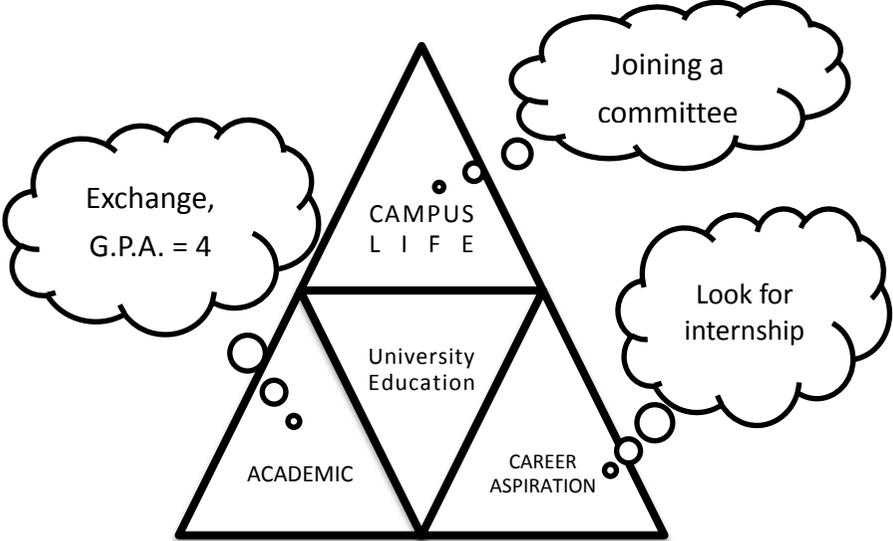
This portfolio is a record book for you to consolidate information, advices and self- reflection. Bring along it, when you visit our Project X staff and request a STUDENT ADVISING timeslot.



Make you appointment with Project X staff:
Every Thursday (week 3 – week 12): 15:30-18:30

What is your S.M.A.R.T. goal?

During Semester A, we hope you can identify and define your goal at the beginning of the university life. Take some time to think about what you want to achieve. S.M.A.R.T. approach can help you getting what you want in a reliable way. Beforehand, let us know you goal or any insight at the moment!



Practice 1 Discuss with Project X staff and **Write Down** what you have thought!

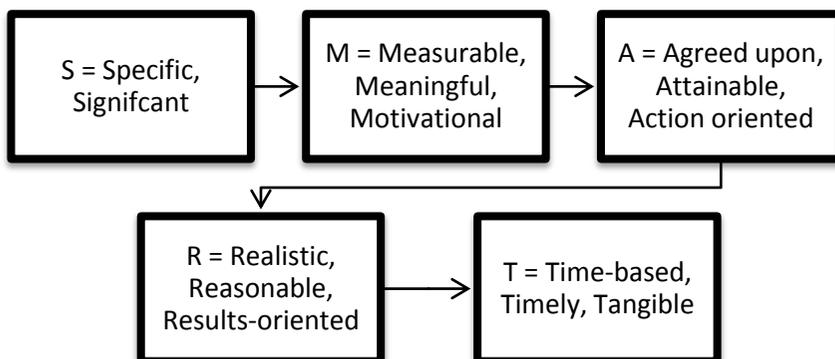
A lightbulb icon with radiating lines is positioned on the left. To its right and below are three large, empty ovals arranged in a triangular pattern, intended for students to write down their thoughts.

A Roadmap to success!

Goal provides the direction for your life. Goal setting is a process to turn your dream into action and planning is a key tool to identify your priority in order to become apply your talents and energies.



S.M.A.R.T. Tips



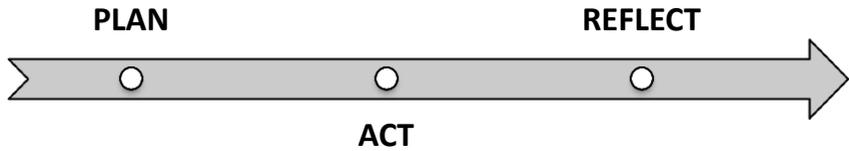
Practice 2 Can you identify any goal(s), for example, prepare for an exchange, or get a certain GPA (say 3.0)? Discuss with Project X staff.

Goal 1. _____ Priority: 1 / 2 / 3

Goal 2. _____ Priority: 1 / 2 / 3

Goal 3. _____ Priority: 1 / 2 / 3

Practice 3 Draft your plan. Develop an action plan yourself. Seek advice from Project X staff as well as your course teacher.



What things will you do to reach your goal? Any Step(s)?

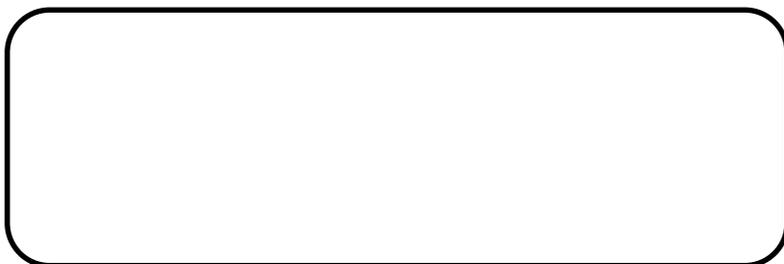
	Happens on:

Practice 4 Who will help (e.g. course teacher, peer, mentor, or Project X staff)? Whom do you seek advice? Any resource(s) that would you need? For example: scholarship, sponsorship. Please write them down.

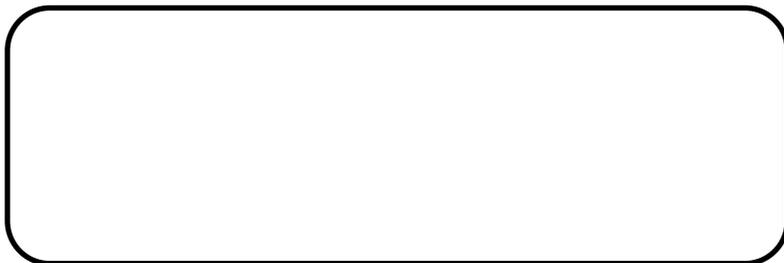
1. Advice from _____



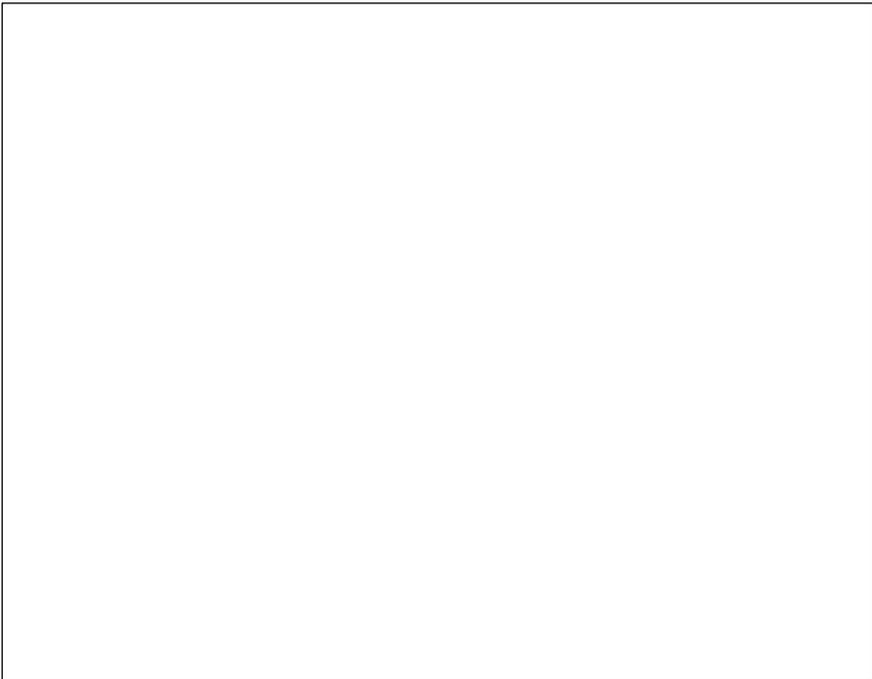
2. Advice from _____



3. Advice from _____



Practice 5 We encourage you to write up some reflections according to the first year experience (within 200 words).

A large empty rectangular box with a thin black border, intended for students to write their reflections. The box is currently blank.

After 2 sessions of individual or small group discussion with Project X staff, hope you could gain deeper insights on how to make choice and decide an action plan yourself. Studying in university is a golden opportunity to find ideals and objectives for your lives. Get well-prepared to meet the personal, ethnical and social challenges of life. All the best to your bright future!

Remember to submit this portfolio to Project X Team
on or before Semester B, Week 7, i.e. April 2012

SS Contact Point

1. Project X staff

<p>Ms. Ali Cheung 3442 8264 jakayon@cityu.edu.hk Serving: SW & PSY</p>	<p>Mr. Remus Kwok 3442 8265 kwokcrk@cityu.edu.hk Serving: SW & AS</p>	<p>Ms. Stephanie Lai 3442 9795 steplai@cityu.edu.hk Serving: SW & PSY</p>
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Office: 3/F, Block 1, To Yuen Building.

SW = Social Work, PSY = Psychology, AS = Applied Sociology

2. Programme Leader / Minor program

<p>Social Work Dr. Leung Lai Ching 3442 8966, Y7317 sslc@cityu.edu.hk</p>	<p>Psychology Dr. Christopher Cheng 3443 8832, B7418 sshkc@cityu.edu.hk</p>
<p>Minor Program Dr. Tse Wing Ling John 3442 8969, Y7417 ssjwltse@cityu.edu.hk</p>	<p>Applied Sociology Dr. Raymond Chan 3442 9717, Y7307 sshong@cityu.edu.hk</p>

3. Year-1 Coordinator

<p>Social Work Ms. Chan Lo 3442 4538, Y7429 lochan@cityu.edu.hk</p>	<p>Psychology Dr. Bonnie Chow 3442 8954, Y7414 wychow@cityu.edu.hk</p>	<p>Applied Sociology Mr. Ma Kun Stephen 3442 8838, Y7509 ss220888@cityu.edu.hk</p>
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